

You are invited to participate in this online survey if you are a seafarer located in Canada who worked at any time during the COVID-19 pandemic. This study aims to understand your mental health care needs and your use of mental health services.

At the end of the survey, you can provide your contact details to participate in a lottery of three \$50 amazon gift cards. Winners will be drawn in and notified once data collection has finished. If you would like to participate, please click the link below to access the online survey: https://mun.az1.gualtrics.com/jfe/form/SV 3DG3s8cKGzf5eRw

# **About this project:**

My name is Hugo Rojas and I am a student in the faculty of medicine at the Memorial University of Newfoundland conducting a research project called *Support Essential Workers at Sea During and After The COVID-19 Pandemic*. If you have any questions about me or my project, please contact me by email at <a href="mailto:arojasaldier@mun.ca">arojasaldier@mun.ca</a>.

Please note that participation in this project is entirely voluntary and not a requirement of any union and/or organization distributing this material. The proposal for this research has been reviewed by the Interdisciplinary Committee on Ethics in Human Research and found to be in compliance with Memorial University's ethics policy. If you have ethical concerns about the research, such as your rights as a participant, you may contact the Chairperson of the ICEHR at icehr.chair@mun.ca or by telephone at 709-864-2861.



Support Essential Workers at Sea During and After the COVID-19 Pandemic

### What is the study about?

A 15 minutes online survey to explore seafarers' needs and use of mental health services

#### Who can participate?

Seafarers located in Canada who worked at any time during the COVID-19 pandemic

## How to Participate?

Click on the link above to access the survey.
For more information, contact arojasaldier@mun.ca

#### Compensation:

You will be able to participate in a lottery of three \$50 Amazon gift cards

If you know anyone who may be interested in participating in this study please share this information with them

