

Marine Pilotage Pre and Post Medical Examination Checklist

1. Find an authorized Designated Physician (DP) to conduct a pilotage medical examination

- Use the search tool [Marine Medical Examiner Search](#).
- Search for a DP by identifying a listed physician marked with * or **.
 - * DP who has identified to TC they conduct pilotage medicals.
 - ** DP who has identified they conduct pilotage medicals AND depth perception testing in clinic.

2. Book your appointment

- Call the clinic to book your exam.
- Give them your Candidate Document Number (CDN).
- Tell them you need **both**:
 - A Marine Medical Exam for Pilotage.
 - Clinic needs to request the National Marine Pilotage Medical Report (NMPMR) form from the Marine Medical Unit (MMU) prior to the exam date.
 - A Marine Medical Exam for Seafarers.

3. Ask about vision testing

- Ask if the clinic conducts **depth perception testing**.
- If the DP's clinic does not conduct in-house depth perception testing, you shall make arrangements for an optometrist to conduct depth perception testing before the pilotage medical examination with the DP.
- Bring the depth perception report to the examination with the DP.

4. Confirm required forms

- Confirm that you and the DP both sign the NMPMR during your visit.
- Confirm that the NMPMR can be valid for **a maximum of 2 years**, based on the examination.

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5. After your exam

- Make sure you leave with:
 - A copy of your NMPMR.
 - A provisional certificate if you were deemed Fit or Fit with limitations.

6. Submission of forms

- Confirm with the DP that they will **submit both reports** to the MMU.
- Provide your provisional certificate and the first page of the NMPMR to your employer and other appropriate parties upon request, to demonstrate regulatory compliance.